



**共創明Teen計劃**  
**Strive and Rise Programme**

**Purpose**

To help mentees broaden their horizons, reinforce their self-confidence, develop a positive outlook on life, set goals for their future and strive for upward mobility.

**Details**

- **Senior leadership:** The Chief Secretary for Administration is leading an inter-departmental Task Force to take forward the Strive and Rise Programme through tripartite collaboration between the Government, the business sector and the community.
- **Target:** Secondary 1-3 mentees from underprivileged families, particularly those living in subdivided units
- **Duration:** 1 year (First Round)
- **Serving District:** Kowloon West
- **Enquiry number:** 5599 1817
- **Email:** teen@hkcs.org.hk
- **Website:** www.striveandrise.gov.hk

**Key Elements**

**Mentorship**

Mentees will each be paired up with a volunteer mentor who will share his/her life experience.

**Financial support**

\$5,000 start up sum: To be used under mentors' guidance.

\$5,000 scholarship: To be awarded upon successful completion of programme for own deployment.

**Personal development plans**

Volunteer mentors will inspire mentees to explore more possibilities for personal development, develop action plans and make good use of financial resources provided by the programme under their guidance.

Period	Mentors	Mentees	Parents/Guardians
October, 2022	Orientation session Mentor-mentee interactive sessions*		
	Training for mentors: Understanding youth and mastering mentor's role and skill		Training for parents/guardians: Parenting and communication skills
December, 2022	Group visits  Training for mentees  Mentor-mentee interactive sessions*	Group visits	
January, 2023		Basic training (compulsory): Life planning, Capacity building, Financial planning	
February, 2023	Basic training (elective): Language skills improvement, Develop interest, Social etiquette etc.		
March – August, 2023	Group visits Mentor-mentee interactive sessions*		
September, 2023	Graduation and Extended Networking Mentor-mentee interactive sessions*		

\* Not less than 12 sessions

Nominate now



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